



- **KEEPING STUDENTS AND STAFF SAFE**
- **GETTING BACK TO FUN, SAFE, GYMNASTICS**
- **DOING THINGS RIGHT. ALWAYS!!**

We remain committed to protecting our MGC Families and employees by creating a guide that will help prevent the spread of viruses

PHASE 1
MGC
FIRST TO RETURN



TEAM

PHASE 2
MGC
SECOND TO RETURN



CLASSES

MGC PROTOCOL

Employee Guidelines	<ul style="list-style-type: none"> - Staff will follow Mandatory Safety Standards for Workplaces as set by mass.gov - Staff will wash/sanitize hands prior to/at the conclusion of and between classes - Staff will avoid direct physical contact with children whenever possible (spotting is limited to necessity for all instructional classes) - Staff will be diligently trained on procedures and prepared to enforce 6ft distancing protocols whenever possible. - Employee travel will be monitored and isolation following travel will adhere to Mass.gov recommendations
Building Preparation	<ul style="list-style-type: none"> - Disinfect and sanitize in prep for 'return to work' (use of Bioesque, EPA approved sanitizer) - Use of Bioesque, effective against Covid-19, throughout the building prior to open and throughout each day - All surface areas will be disinfected/sanitized multiple times daily once reopened - Hand Sanitizer stands throughout building accessible and monitored for refill - Drinking fountains covered and students encouraged to bring water bottles. - Pit covered with Mats. To be used with Mats covering only
Entering the Building	<ul style="list-style-type: none"> - Drop Off/Pick Up if able; No more than 1 person per child in building - Students will be required to sanitize/wash hands upon entering gym
Traffic Flow Physical Distancing Facility Ratio	<ul style="list-style-type: none"> - Athletes and parents will use separate entrance and exit to control physical distancing and traffic flow, if possible - Parents will be required to wear masks and directed where to sit (6 feet apart) and view class to control distancing and flow - 250 sq. ft/athlete in the gym for teams; student ratios and stations will be modified in class programming
Prior to Class	<ul style="list-style-type: none"> - Students will be required to sanitize/wash hands upon entering the gym - Employees will have disinfected/sanitized all equipment, entrance and exit points of program, parent areas - Students may be temperature checked upon entering the gym; students who appear ill or who have a temp over 100 will be sent home
During Class	<ul style="list-style-type: none"> - Athletes will sanitize/wash hands (supervised) after every rotation - Lesson plans have been modified to omit partner activities - Lesson have been modified to limit use of props. Props will be sanitized after each individual student's use. - Stations and activities will be modified to allow safe distance between children - Porous surfaces such as carpet squares and bean bags will be temporarily taken out of use - Athletes will stretch/body shape/strength on vinyl mats that can be cleaned - Each student will bring a backpack to include: water bottle, and street shoes (once inside the building)
After Class	<ul style="list-style-type: none"> - Athletes and parents will use separate exit to control flow - Employees will begin disinfecting/sanitizing all areas used immediately to get ready for next group